

Health promotion through brief interventions: Broadening the scope to communities and lifestyles

Supported by INEBRIA 2026

INEBRIA International Network on
Brief Interventions for
Alcohol & Other Drugs

Under the patronage of the Dean of the 1st Faculty
of Medicine, Charles University



Wednesday 14 October 2026 - Pre-conference Meetings and Workshops (Morning)

8:00 - 8:30	<i>Karolinum Centre Lobby</i> : Registration
8:30 - 10:20	<i>Patriotic Hall</i> - Meeting: Special Interest Group on SBI for Youth - Led by: Stacy Sterling, Kaiser Permanente, USA Primary prevention of cancer through behaviour modification requires a life-span perspective, including shaping habits and behaviours during childhood, adolescence and youth. - Rapporteur: Fleur Braddick, Clínic Research Foundation Barcelona, ES <i>Green Lecture Hall</i> - Closed Meeting: SBI in broader policy - Community action to reduce risks - Closed session of the Coordinating group
10:25 - 10:55	Coffee break
11:00 - 12:55	<i>Patriotic Hall</i> - Meeting: Special Interest Group on digital SBI Digital SBI tools, such as PreveCan in PEACHD, have potential as complimentary tools for cancer prevention, but need careful planning, designing and testing to be effective and equitable in diverse target groups. - Led by: Hugo López-Pelayo, Hospital Clínic Barcelona, ES / PI of PEACHD - Speakers: Antoni Gual, Emeritus Senior Researcher, Hospital Clínic Barcelona, ES - <i>Digital approaches in vulnerable groups</i> & Jorge Palacio, FRCB/Gencat, ES - <i>Preliminary findings on the PreveCan app</i> <i>Green Lecture Hall</i> - Meeting: SBI in broader policy - Community action to reduce risks - Led by: Lidia Segura, Catalan Public Health Agency, ES / PEACHD Senior Researcher Embedding brief interventions requires buy in and support from community settings to be effective in promoting healthy lifestyles and reducing cancer risks.
13:00 - 14:00	<i>Reception area (ground floor)</i> : Lunch / registration

Wednesday 14 October 2026 - PEACHD-INEBRIA 2026 – Plenary sessions (afternoon)

14:05 – 15:05	Blue Lecture Hall: P0. Plenary Session PEACHD-INEBRIA 2026 Conference Welcome <u>Institutional Welcome:</u> • Representatives of Czech Institutions ○ (Session chair) Michal Miovský, Vice-Dean, Charles University, CZ/PEACHD Partner ○ Adam Vojtěch, Minister of Health of the Czech Republic • Representative of the European Commission and World Health Organization ○ Stefan Schreck, Adviser for Stakeholder Relations, DG SANTE, EC ○ Zsófia Pusztai, WHO Country Representative, representing the WHO Regional Director Setting the scene of the conference: Broadening the Scope: Brief Interventions for Diverse Communities and Real-World Settings ○ INEBRIA – Abhijit Nadkarni, London School of Hygiene and Tropical Medicine, UK ○ PEACHD – Silvia Matrai & Fleur Braddick, Clínic Research Foundation Barcelona, ES /PEACHD Coordinators
15:05 – 15:15	Blue Lecture Hall: Conference photos + Short movement break
15:15 – 16:15	Blue Lecture Hall: P1. Plenary Session The PEACHD-WHO collaboration: From multi-factor brief interventions to the Launch of the WHO-EU SBI Hub - ecosystem for evidence-based practice Multi-factor brief interventions were first championed through the WHO-Europe BRIEF Project, and operationalised through the PEACHD Project. The WHO-EU SBI Hub, focusing primarily on alcohol SBI, has been finalised with support from EU-funded project EVID-Action. The Hub, an evolving, interactive, and cutting-edge platform to consult for SBI tools, national initiatives, and evidence, will be launched and demonstrated in this session, including plans to develop a specific section on multi-factor brief interventions. Chairs: Antoni Gual, emeritus Hospital Clinic Barcelona, PEACHD Senior Advisor, INEBRIA vice-president & Aleksandra Olsen, Communication Officer, WHO Regional Office for Europe Speakers & Panellists: • Carina Ferreira Borges, Strategic Advisor to the Director of the Division of Country Health Programmes, WHO- Europe • Zsófia Pusztai, WHO Country Representative, CZ • Hugo López-Pelayo, Hospital Clinic Barcelona, PEACH Project PI, INEBRIA Chair of the Special Interest Group on digital interventions • Miroslav Barták & Viktoria Litvinenko, Charles University, CZ & PEACHD
16:15 – 16:30	Blue Lecture Hall: <u>Closing of first day – Housekeeping & programming points:</u> ○ Silvia Matrai / Fleur Braddick, Clínic Research Foundation Barcelona, ES /PEACHD Coordinators ○ Abhijit Nadkarni, London School of Hygiene and Tropical Medicine, UK
16:30 – 18:00	Reception area (ground floor): Welcome/networking reception + Poster Session PS1A

Wednesday 14 October 2026 - PEACHD-INEBRIA 2026 – Poster sessions (afternoon)

16:30 – 18:00	Reception area (ground floor): Welcome/networking reception + Poster Session PS1A
• P1.01 - Improving Prevention and Patient Engagement Through a Primary Care Welcome Visit: Study Protocol - Alba Cabricano Canga, Agència de Salut Pública de Catalunya, Spain • P1.02 - Effectiveness of BNI Across Latent Classes of Risky Alcohol Use Behaviours in Trauma Patients - Anaelderrick Frederick Kimaro, Global Emergency Medicine Innovation and Implementation Research (GEMINI) Lab AND KCMC University, Tanzania • P1.03 - Embedding Psychosocial Brief Interventions in Post-Discharge Cardiac Care: A Model for India - Bhawna Sharma, The Mind Grit Mental Health Services, India • P1.04 - Tobacco Imagery in Films: Industry Influence, Public Health Risks and Counter-Measures in Europe - Diana Inga Paegle, Riga Stradins University, Latvia • P1.05 - Digital Interventions to Reduce E-Cigarette Use among Adolescents and Young Adults - Erika Gisseth León Ramírez & Rakel Lopes Pimentel de Araújo, Federal University of Minas Gerais UFMG, Brazil • P1.06 - An e-tool to support alcohol conversations in EU workplaces: a proof-of-concept study protocol - Francisca Pulido Valente, WHO/EU; Local health unit of Amadora/Sintra (public health unit), Portugal • P1.07 - Micro-Costing Study of Computer-Assisted Screening and Brief Intervention in Pediatric Primary Care, Sion Kim Harris, Boston Children's Hospital/Harvard Medical School, USA	

Thurs 15 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (full day)

8:00 - 8:30	<i>Blue Lecture Hall</i> : Registration
8:30 – 9:40	Blue Lecture Hall: P2. Keynote panel: <i>The Place of Brief Interventions in the Prevention of Cancer and Other NCDs</i> Chairs: Stacy Sterling (INEBRIA / UCSF) + Cristina Martínez (ICO, ES / PEACHD) Speakers: • Hanna Fink, IARC, <i>Informing Tailored Cancer Prevention Initiatives: Global and Regional Evidence on Modifiable Risk Factors</i> • Jürgen Rehm, Hamburg University, DE / PEACHD Consulting Scientist, <i>The place and potential of multi-factor brief interventions in modern cancer prevention policy</i> (PEACHD WP6 – evaluation of multi-factor brief interventions to prevent cancer, & WP7 – recommendations to scale up and maximise the impact of the PEACHD intervention) • Patrick Sandtröm, Finnish Lung Health Association / JA Prevent NCD, <i>SBI approaches in the broader JANCD work on reducing individuals' NCD risk behaviour – focus on tobacco</i> • Ariadna Feliu, Imperial College London, UK / IARC - <i>European risks and recommendations – ECAC5 development and acceptability</i>
9:45 - 10:30	Parallel sessions Group A
9:45 - 10:30 <i>Blue Lecture Hall</i>	A1. Tailoring Implementation to Intersectional Disadvantage Chair: Silvia Matrai, FRCB, ES • A1.1 - The Catalan Experience in the PEACHD Project: testing the feasibility of screening and brief interventions for multiple lifestyle risk factors in Vulnerable Primary Care Settings - Carla Bruguera, Public Health Agency of Catalonia, Spain • A1.2 - Mobile health support and financial incentives for smoking cessation in low-income older smokers - Na Meng, University of Hong Kong, China • A1.3 - Latent Class Analysis of Substance Use Patterns in Uganda: Implications for Brief Interventions - Claire Biribawa, Makerere University School of Public Health, Uganda
9:45 - 10:30 <i>Patriotic Hall</i>	A2. Interventions addressing multiple risk factors: Prevention for the whole person Chair: Toni Gual, emeritus HCB, ES • A2.1 Broadening Brief Interventions Through Transdiagnostic Risk Profiling in Medical Inpatients - Hugo López Pelayo, Hospital Clínic and IDIBAPS, Spain • A2.2 Client-Centered Priorities in Health Coaching Interventions: Implications for Whole-Person Care - Dallas Swendeman, UCLA Semel Institute for Neuroscience & Human Behavior, USA • A2.3 Comparing Component Effects Across Two Factorial Trials of a Multiple Health Behaviour Intervention - Joel Crawford, Linköping University, Sweden
9:45 - 10:30 <i>Green Lecture Room</i>	A3. Virtual and Digital SBIRT Delivery Models Chair: Christina Todorova, Independent Researcher, BG / Uni of Pittsburgh, USA • A3.1 Real World Findings from use of a Centralized, Virtually-Delivered Modality of SBIRT - Andrea H. Kline-Simon, Kaiser Permanente Division of Research, USA • A3.2 E-Cigarettes and Vaping among Brazilian Undergraduates: A Digital brief intervention - Erika Giseth León Ramírez, Universidade Federal de Minas Gerais, Brazil • A3.3 Developing and Pretesting a Digital Intervention for Cannabis Harm Reduction - Jacques Gaume, Lausanne University Hospital, Switzerland PEACHD Rapporteur: Laura Perdiguero, ICO, ES

9:45 - 10:30 Large Meeting Room	A4. How can we measure and sustain success for lifestyle change Chair: Abhijit Nadkarni, LSHTM, UK - A4.1 Beyond consumption outcomes: A meta-analysis of drug BI psychosocial effects and clinical moderators - Lindsey M. Nichols, Brown University, USA - A4.2 Interplay of Psychological, Familial, & Neurobiological Risks in Alcohol Use Outcomes: A Meta-Structural Equation Model (Meta-SEM) - Madhubanti Sinha, Banaras Hindu University, India - A4.3 Should days-based Timeline Follow-Back (TLFB)-style outcomes in SBIs be considered right-censored? - Philip Lindne, Karolinska Institutet, Sweden PEACHD Rapporteur: Andrzej Jakubczyk, MUW, PL
9:45 - 10:30 Small Meeting Room	A5. Adapting lifestyle interventions to different agents, targets and contexts Chair: Jeffrey Samet, Boston University - Boston Medical Center - A5.1 Cultural, community and contextual drivers of substance use among adolescents in South Africa: an evidence-based intervention - Kim Johnson, South African Medical Research Council (SAMRC), South Africa - A5.2 Efficacy of Nurse-Delivered Brief Interventions for Tobacco Use Disorders: An open-label RCT - Santanu Nath, All India Institute of Medical Sciences-Deoghar, India - A5.3 Implementing screening and brief Intervention for substance use in rural Georgia - Ilia Nadareishvili, David Tvildiani Medical University, Georgia PEACHD Rapporteur: Claudia Pereira, ICAD, PT
10:30 - 11:00	Coffee break + Poster Session PS1B
	- P1.08 - Introducing Mental Health Screening and Brief Intervention in Primary Care in Georgia - Mariam Jojua, David Tvildiani Medical University, Georgia - P1.09 - Beyond the Buzz: Transition Age Youth Cannabis Use, ADHD Comorbidity, and Medication - Lillian Gelberg, University of California, Los Angeles, USA - P1.10 - Challenges in implementing a digital intervention on alcohol consumption: perspectives of counsellors - Micaella Silva Leandro, Unifesp, Brazil - P1.11 - Empowering Health Promotion: EUPC Training and New Prevention Profiles in Portugal - Natacha Torres da Silva, IPDJ, Portugal - P1.12 - SBIRT for Cannabis-using Children and Adolescents in Community Settings–The Can-K Feasibility Study - Silke Diestelkamp, Medical School Hamburg, Hamburg, Germany - P1.13 - Lifesaving Potential: Returning Individual Research Result (IRR) and Harm Reduction in SUD Research - Shirley Stephenson, University of Illinois Chicago, USA - P1.14 - Brief Interventions For Alcohol Use In Adult Women: A Systematic Review And Meta-Analysis - Talita Dutra Ponce, São Paulo University, Brazil
11:10 – 11:55	P3. Plenary discussion (In honour of Nick Heather) <i>Can individual Behaviour Modification Move the Needle for Population Outcomes?</i> Chair: Marcus Bendtsen (Linköping University, SE) Perspectives to explore: - What evidence exists that SBI changes outcomes at population level? - Is the key challenge effectiveness, reach, fidelity, or political prioritisation? - How should SBI connect with structural policies and broader health determinants? Proposed Discussants: Jim McCambridge, University College London, UK Lidia Segura, Public Health Agency of Catalonia, ES / PEACHD Paula Leonard, CEO, Well Ireland, IE
Session change (5 mins)	

Thurs 15 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (full day)

12:00 - 13:00	Parallel sessions Group B
12:00 - 13:00 Blue Lecture Hall	B1. Refugees, Veterans and other Populations at risk of Trauma Chair: Viktoria Litvinenko, Charles University CZ • B1.1-2 - Brief interventions among Ukrainian refugees – instructors’ experiences and challenges - Olga Yurchenko (UA speaker), Zhytomyr Centre for Social Services, UA & Marcin Wojnar MUW, Poland • B1.3 - Testing a theory of action for SBIRT implementation in veteran primary care clinics in the United States - Michael Lawson, University of Alabama, USA • B1.4 - Co-creation of family assistants' training program to reduce the risk of alcohol-exposed pregnancies - Katarzyna Okulicz-Kozaryn, Institute of Mother and Child, Poland
12:00 - 13:00 Patriotic Hall	B2. Workshop: Addressing alcohol stigma to facilitate brief intervention delivery Facilitator: James Morris, Independent (& London South Bank University), United Kingdom <i>Interactive workshop exploring how public stigma, e.g., around alcohol, use can hinder delivery and uptake of brief interventions. Presentations, group discussions and joint planning to identify practical solutions and research priorities, and generate actionable recommendations for reducing stigma and improving BI implementation.</i> PEACHD Chair/Rapporteur: Lidia Segura, Gencat, ES
12:00 - 13:00 Green Lecture Room	B3. Reaching Adolescents and Young People in diverse situations Chair: Verena Metz, Kaser Permanente, USA // PEACHD Rapporteur: Fleur Braddick, FRCB, ES • B3.1 - Comparing lower and higher intensity approaches to reduce drug use among incarcerated youth - Cari McCarty, Seattle Children's Hospital/University of Washington, USA • B3.2 - Misunderstanding by youth of standard questions about opioid use may undermine SBI efforts - Elissa R Weitzman, Boston Children's Hospital Harvard Medical School, USA • B3.3 - Substance use in sexual/gender minority vs. non-minority adolescents in U.S. pediatric primary care - Lydia A. Shrier, MD, MPH, Boston Children's Hospital/Harvard Medical School, United States • B3.4 - Dream-Catchers: A youth mentoring model for integrated substance use prevention in Nigeria - Ejikeme McBishops Ogueji, Reclaiming Futures Nigeria, Nigeria
12:00 - 13:00 Large Meeting Room	B4. Behaviour change for Cancer and NCD Prevention Chair: Fred C Blow, University of Michigan, USA • B4.1 - Micro-geographic inequalities in breast cancer incidence across Europe: evidence from ELISAH project – Cristina Melzi & Paolo Contieri, Istituto Nazionale dei Tumori di Milano, Italy • B4.2 - Competencies And Perceptions In Smoking Cessation Counselling: Long-Term Outcomes Of A Brief Intervention Training Programme - Cristina Martínez Martínez, Catalan Institute of Oncology, Spain • B4.3 - Receipt of Alcohol Screening and Brief Intervention among Patients with and Without Cancer: Opportunities for Prevention and Intervention - Stacy Sterling, Kaiser Permanente Division of Research, USA • B4.4 - GenAI chatbot-delivered behavioral support for smoking cessation: Preliminary 3-month findings from a cluster-randomized controlled trial - Ziqiu Guo, The University of Hong Kong, China PEACHD Rapporteur: Laura Perdiguero, ICO, ES

12:00 - 13:00	B5. Digital Interventions to tackle common risk factors for NCDs - Should we move it online? Chair: Hugo López, HCB, ES - B5.1 - Development and Feasibility of a Digital Coaching Intervention to Reduce Alcohol Use Across All Drinking Levels - Sophie Baumann, University Medicine Greifswald, Germany - B5.2 - AI Chatbot to Support Opioid Use Disorder Patients: Development, Safety Architecture, Pilot Results - Dallas Swendeman, UCLA, USA - B5.3 - Chat-based intervention for reducing alcohol use among risky drinkers attending AEDs - Leah Li, School of Nursing, University of Hong Kong, China - B5.4 - Long term effects of Digital vs. Face-to-face intervention for harmful alcohol use - Magnus Johansson, Karolinska Institutet & Stockholm Center for Dependency Disorders, Sweden		
13:00 - 14:00	Reception area (ground floor): Lunch	13:20 – 14:05	Patriotic Hall: INEBRIA AGM (no food in meeting)
14:10 - 15:10	Parallel sessions Group C		
14:10 - 15:10	C1. Symposium: PEACHD Key results and challenges Laetitia Ricklin, Project Adviser HaDEA A1 – EU4Health, Cancer team - project reporting, impact and sustainability PEACHD Consortium partners – roundtable overview - 3 mins of experiences from the technical work of PEACHD (WPs 2, 3, 4, 5, 6) - Discussion with participants		
14:10 - 15:10	C3. Symposium: Expanding Brief Interventions in Latin America: Evidence from Clinical Outcomes and Digital Training Facilitator: Divane de Vargas, School of Nursing of University of São Paulo – EEUS, Brazil - C3.1 - Evaluation of the Brazilian SUPERA Course: two decades of a nationwide DL Training on SBIRT - Maria Lucia Formigoni, Universidade Federal de São Paulo (UNIFESP), Brazil - C3.2 - Effectiveness of two models of Brief Intervention in Primary Health Care: A Comparative Study - Erika Leon Ramirez, Universidade Federal de Minas Gerais (UFMG), Brazil - C3.3 - Maternal Alcohol Consumption and the Risk of Fetal Distress: Findings from the BRISA Birth Cohort - Joao Ricardo Nickenig Vissoci, Duke University, North Carolina, USA - C3.4 - Development of Clinical Skills for Remote Intervention in Addictions: The Impact of the PAADD Training Course - Marcela Tiburcio Sainz, Instituto Nacional de Psiquiatria Ramón de la Fuente Muñiz, Mexico PEACHD Rapporteur: Alba Cabricano, Gencat, ES		
14:10 - 15:10	C4. What shapes the lifestyle behaviours: peers, contexts, influence Chair: Marcus Bendtsen, Linköping University, SE // - C4.1 - Brief Internet-Based Intervention to Reduce Alcohol Consumption in University Students - Daniela Romero Reyes, Universidad Autónoma de Tamaulipas, Mexico - C4.2 - A social network agent-based model of university student drinking and digital intervention uptake - Dongni Zhang, Linköping University, Sweden - C4.3 - Peer-led brief intervention reduces alcohol use among university students: 12-month randomized trial - María Lavilla Gracia, University of Navarra, Spain PEACHD Rapporteur: Hana Fidesova, Charles University, CZ (TBC)		
14:10 - 15:10	C5. - Primary prevention in Emergency Departments and Acute Care Chair: Joel Msafiri Francis, University of the Witwatersrand, South Africa (TBC) - C5.1 - Protocol for evaluating intervention cost and effectiveness for non-injury patients in Tanzania - Alice Andongolile, Kilimanjaro Christian Medical Centre University, Tanzania - C5.2 - Feasibility of culturally adapted brief intervention in emergency departments in northern Tanzania - Joao Ricardo Nickenig Vissoci, Duke University, USA - C5.3 - Two-Year Outcomes of a Brief Intervention to Reduce Harmful Alcohol Use for Emergency Department Injury Patients - Joao Vitor Perez de Souza, Duke University, USA PEACHD Rapporteur: Elizabeth Nováková, Charles University, CZ (TBC)		

Thurs 15 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (full day)

Session change (5 mins)	
15:15 - 16:15	Parallel sessions Group D
15:15 - 16:15 Patriotic Hall	D2. Workshop: Advancing SBIRT in Africa: Lessons to take on from an INEBRIA/ICUDDR Meeting in Uganda Facilitator: Jeremy Bray (standing in for Laurie Krom, ICUDDR) Discussants: - Jeremy Bray, University North Carolina – Greensboro, USA - Claire Biribawa, Makerere University School of Public Health, Uganda <i>This workshop examines how SBIRT can be adapted to local contexts, integrated into health and social service systems, and supported through workforce development, higher education, and academic programming.</i> PEACHD Rapporteur: Renata Habinakova, Charles University, CZ (TBC)
15:15 - 16:15 Green Lecture Room	D3. Workshop: Beyond PEACHD: Expert SWOT on Scaling Multi-Factor Brief Interventions for Vulnerable Groups Facilitator: Fleur Braddick, FRCB-IDIBAPS, Spain <i>The workshop (up to 30 participants) will carry out a thought exercise, aiming to identify priorities and build strategic capacity for the exploitation and extension of PEACHD outcomes through a structured SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis with expert stakeholders. The workshop will focus especially on multi-factor SBI for those facing situations of disadvantage or vulnerability.</i>
15:15 - 16:15 Large Meeting Room	D4. New format session: Intervention Skills Training Using Matched AI Standardized Clients & an Enhanced Feedback Model Facilitator: Win Turner PhD, LADC, Center for Behavioral Health Integration, USA <i>Demonstration, review and discussion of pilot study results using an emerging and advanced training method utilizing the latest capacity of large language models (LLMs) (2026) to offer interventionists conversationally responsive simulated "matched" clients (populations served) coupled with feedback on motivational interview adherence.</i> PEACHD Rapporteur: Jorge Palacio-Vieira, FRCB, ES
15:15 - 16:15 Small Meeting Room	D5. Symposium: Reducing Suicide Risk with Brief Interventions – learning lessons from Brief Alcohol Interventions Chair: Mark Ilgen, University of Michigan (UMich), USA - D5.1 - Using Motivational interview-enhanced safety plan with multiple augmentation strategies for suicidal teens - Ewa Czyz, UMich, USA - D5.2 - Virtual Hope Box Enhanced Intervention for High-Risk Suicidal Veterans Following Inpatient Care - Courtney Bagge, UMich, USA - D5.3 - Crisis Line Facilitation as a new intervention to address suicide risk in adults seeking alcohol use disorder treatment - Mark Ilgen - D5.4 - Discussant –Building on the legacy of alcohol brief intervention research to prevent suicide following high-risk clinical visits - Frederic C Blow, UMich, USA PEACHD Rapporteur: Andrzej Jakubczyk, MUW, PL
16:15 - 16:45	<i>Reception area (ground floor): Coffee break + Poster Session PS2A</i>

Thurs 15 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (full day)

16:15 - 16:45	<i>Reception area (ground floor):</i> Coffee break + Poster Session PS2A		
	• P2.01 - Implementing preventive activities in primary care: clinical audit and professional perceptions - Francisco Camarellles Guillem, Spanish Society of Family Medicine , Spain • P2.02 - Protocol for a nested hybrid trial evaluating regional SBIRT at system and patient levels - Anaelderrick Frederick Kimaro, Global Emergency Medicine Innovation and Implementation Research (GEMINI) Lab AND KCMC University, Tanzania • P2.03 - Perceived Family Functioning and Affect in Cuban Families with and without Alcohol Consumption - Areolina Durán, University of Beira Interior, Portugal • P2.04 - Telephone Brief Intervention for Alcohol Use in Women: Randomized Trial in Primary Care - Divane de Vargas, School of Nursing of University of São Paulo – EEUSP, Brazil • P2.05 - Alcohol use and alcohol consequences among young people and adults with injuries in Tanzania - Alice Andongolile, Kilimanjaro Christian Medical Centre, Tanzania • P2.06 - The impact of an adapted brief intervention for acute injury patients in Tanzania: a case series - Kim Madundo, Kilimanjaro Christian Medical Centre University, Tanzania • P2.07 - Sessions to Affected Others, required to supervise contact - Liam Knowles, Bridges Tees Valley CIO, United Kingdom		
16:45 - 17:30	Blue Lecture Hall: <u>P4. Keynote:</u> <i>Richard Saitz Lecture</i> (The Richard Saitz Outstanding Mentorship Award to recognize ‘mentorship that moves the field’ by supporting developing scholars in advancing SBI science and research). Chair: Marcin Wojnar, Medical University of Poland, Warsaw (PEACHD & INEBRIA) Speaker: Frederic C Blow, Rachel Upjohn Research Professor in Psychiatry, University of Michigan, USA		
17:35	<i>Meet at centre entrance:</i> Walking tour of Prague (approx. 1 hr)	19:00h	Social Dinner (self-funded & previous registration required)

Fri 16 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (Morning)

8:30 - 9:20	Blue Lecture Hall: P5. Plenary Best abstract + Scholarships Chair: Abhijit Nadkarni, LSHTM, UK 2 Best abstracts: • Laura Rodriguez-Benito, NHS, UK - <i>“Talking health”, a community-based prevention approach to reduce health inequalities.</i> • Angéline Adam, Psychiatry Department, Lausanne University Hospital, CH - <i>Substance use and physical activity screening acceptability in Swiss primary care patients and staff</i> 3 INEBRIA scholarships (3 minutes, 1 slide promo presentations) • Thaís Soares Pereira, Federal University of Juiz de Fora (UFJF), Brazil • Alain Favina, Mbarara University of Science and Technology, Uganda • Shambhu Dutta Joshi, Mahabaudha Medical Center, Nepal
9:30 - 10:30	Parallel sessions Group E
9:30 - 10:30	E1. Harnessing Evidence and Expertise for Behaviour Modification Action Chairs: Joan Colom & Lidia Segura, Gencat, ES Blue Lecture Hall • E1.1 - Barriers and Facilitators to Implementing Brief Interventions to Prevent Multiple NCD Risk Factors - Laura Perdigueró Muñoz, Catalan Institute of Oncology, Spain • E1.2 - Using AI to carry out systematic reviews in brief interventions - Dorothy Newbury-Birch, Teesside University, United Kingdom • E1.3 - A Changing World: Scaling Integrated NCD Prevention - New Stakeholders, PEACHD Challenge- Alexandra Pinto & Claudia Pereira, ICAD - Institute on Addictive Behaviours and Dependencies, P.I. , Portugal <i>Discussion</i>
9:30 - 10:30	E2 - Diverse providers - prevention professionals' needs Chair: András Terebessy, Semmelweis University, HU Patriotic Hall • E2.1 A culturally adapted brief intervention for alcohol use disorder among tribal populations in India: a randomized controlled trial - Himanshi Singh, IIT Jammu, India • E2.2 Community Health Workers’ capability to screen Alcohol Use Disorder in a Sub-Saharan Africa Setting - Alain Favina, Mbarara University of Science and Technology, Uganda • E2.3 Why prevention fails in primary care: barriers and facilitators from Spanish professionals - Francisco Camarellés-Guillem, Spanish Society of Family Medicine, Spain • E2.4 ‘Why would they?’ Neurology and Behaviour Information sessions delivered in the community - Liam Knowles, Bridges Tees Valley, UK PEACHD Rapporteur: Alba Cabricano, Gencat, ES
9:30 - 10:30	E3. Women's Health, Pregnancy and Gender Chair: Carla Bruguera, Gencat, ES Green Lecture Room • E3.1 - A pilot study of alcohol screening and motivational counselling in antenatal care in Ukraine - Kateryna Marushko, Public Health Center of the MOH of Ukraine, Ukraine • E3.2 - Perspectives of Aging Women on Alcohol Screening and Brief Intervention: A Qualitative Study - Derek Satre, University of California, San Francisco, USA • E3.3 - Brief Intervention for Alcohol Use in Women: Protocol for a Randomized Controlled Trial - Divane de Vargas, School of Nursing of University of São Paulo – EEUS, Brazil • E3.4 - Alcohol exposure prevention in pregnancy: SBIRT Guidelines from preconception to breastfeeding - Soledad Justo Gil, Spanish MoH, Spain

Fri 16 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (Morning)

9:30 - 10:30 Large Meeting Room	E4. Symposium: Health Risk Behaviours Across Time: Insights for Multi-Behaviour Change Interventions Facilitator: Jennis Freyer-Adam, University Medicine Greifswald, Germany - E4.1 - Trajectories of Co-Occurring Behavioural Risk Factors and Educational Inequalities – Sophie Baumann, Department of Methods in Community Medicine, Institute for Community Medicine, University Medicine Greifswald, Germany - E4.2 - Trajectories of health behaviours 24 months following treatment among adults with AUD - Sara Wallhed Finn, Department of Global Public Health, Karolinska Institutet, Stockholm, Sweden, Stockholm Center for Dependency Disorders, Sweden - E4.3 - Multi-behaviour screening and brief intervention in general hospital patients: Reach and Satisfaction - Jennis Freyer-Adam, Department of Prevention Research and Social Medicine, Institute for Community Medicine, University Medicine Greifswald, Germany PEACHD Rapporteur: Kryštof Hanzlík, Charles University, CZ (TBC)
9:30 - 10:30 Small Meeting Room	E5. Youth Multi-Risk Prevention and Mentoring Chair: Stacy Sterling, Kaiser Permanente, USA - E5.2 - Cuida-te Program: A Comprehensive Brief Intervention Approach to Youth Health - Natacha Torres da Silva, IPDJ Instituto Português do Desporto e Juventude, Portugal - E5.3 - Tailoring Digital SBIRT for Youth in Low-Resource African Settings: Lessons from a Co-Design Study in Rwanda - Pierre Mugisha, Arc labs afrika, Rwanda - E5.4 - Developing a peer-based intervention for adolescents and young adults - alcohol and other drug use and gender equity among youth peer groups - Tara Carney, South African Medical Research Council, South Africa PEACHD Rapporteur: Joanna Nieróbca, MUW, PL
10:30 - 11:00	Reception area (ground floor): Coffee break + Poster Session PS2B - P2.09 - Supporting the Development of Competencies for Brief Interventions in Health Promotion Education - Merle Truubon, Tallinn Health University of Applied Sciences, Estonia - P2.10 - AI-Powered Digital Brief Interventions for Youth Risk Prevention in Low-Resource Settings - Pierre Mugisha, Arc labs afrika, Rwanda - P2.11 - Telehealth-Supported Training for AUDIT-Guided Screening and Brief Intervention - Shambhu Dutta Joshi, Mahabaudha Medical Center, Nepal - P2.12 - Culturally Adapted Point-of-Care Telehealth Brief Intervention for Hazardous Drinking - Shambhu Dutta Joshi, Mahabaudha Medical Center, Nepal - P2.13 - Co-producing and evaluating a sports-mediated substance use prevention program for young people. - Urvita Bhatia, London School of Hygiene and Tropical Medicine, UK - P2.14 - Co-Creation and Implementation Tailoring of Brief Substance Use Prevention for Youth in Foster Care - Maria Schweer-Collins, Iowa State University , USA

Fri 16 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (Morning)

11:10 - 12:10	Parallel sessions Group F
11:10 - 12:10 Blue Lecture Hall	F1. Listening to prevention professionals and preparing the next wave of agents Chair: Fleur Braddick, FRCB, ES - F1.1 & 2 - What We Taught and What We Learned from PEACHD CZ —The Secret of Secrets, or Business as Usual? - Miroslav Barták & Viktoria Litvinenko, Charles University, First Faculty of Medicine, Department of Addictology, Czech Republic - F1.3 & 4 – Reactions/input of the next gen professionals - Göknil Çavuş Konak & Matthew Baldacchino, Representatives of the Joint Action Prevent NCD Youth Advisory Group
11:10 - 12:10 Patriotic Hall	F2. Stakeholders, Attitudes and Population Prevention Chair: James Morris, Independent & London South Bank University, UK (TBC) - F2.2 - Binge drinking: a review of health effects and implications for brief interventions - Sven Andréasson, Karolinska institutet, Sweden - F2.3 - News in the law regulation of alcohol sales in Croatia - Zrinka Puharić, Bjelovar University of Applied Sciences, Croatia - F2.4 - Alcohol-related problems as social issues: Attitudes toward SBI in adult social work, Elina Renko, University of Helsinki, Finland PEACHD Rapporteur: Lidia Segura, Gencat, ES
11:10 - 12:10 Green Lecture Room	F3. Workshop: Popular Education for Participatory Psychosocial Practice with Refugee Adolescents Facilitator: Thaís Soares Pereira, Federal University of Juiz de Fora (UFJF), Brazil <i>Workshop to serve as a space for theoretical learning alongside the practical application of Popular Education techniques that can be used in participatory interventions with refugee adolescents, aiming to equip professionals for work with this population.</i> PEACHD Rapporteur: Joanna Nieróbca, MUW, PL
11:10 - 12:10 Large Meeting Room	F4. Digital and AI-Supported Intervention design and delivery Chair: Toni Gual, emeritus HCB, ES - F4.1 - Sustainable digital interventions to address harmful use of alcohol in the workplace - Olle Wiklund, Karolinska Institutet, Sweden - F4.2 - Engagement with a GenAI chatbot-delivered intervention for smoking cessation: A secondary analysis - Li Mengyao, The University of Hong Kong, China - F4.3 - Using novel technologies to tailor and enhance a digital brief intervention, Stéphanie Blanc Perler, Lausanne University Hospital, Switzerland - F4.4 - Artificial Intelligence for Alcohol Prevention: Prioritizing Screening and Brief Interventions, Micaella Silva Leandro (on behalf of Wellington Francisco Rodrigues), Unifesp, Brazil PEACHD Rapporteur: Jorge Palacio-Vieira, FRCB, ES
Session change (5 mins)	

Fri 16 October 2026 - PEACHD-INEBRIA 2026 – Plenary and parallel sessions (Morning)

12:15 - 13:05	Blue Lecture Hall: P6. Closing Plenary <i>Moving Forward with PEACHD and INEBRIA: New Frontiers for Brief Interventions and Prevention</i> Chair: • Miroslav Barták, Charles University 1st Faculty of Medicine Perspectives to explore: - How are climate change, societal disruption and technology developments reshaping health risks and intervention needs and priorities? - What can be done in terms of future-proofing systems and promoting European collaboration to tackle and mitigate evolving problems? Speakers: ○ Christina Todorova, Independent Researcher, Bulgaria / University of Pittsburgh, USA – <i>New tools, old habits and rethinking prevention in an increasingly clickable future.</i> ○ Lluís González de Paz & Carmen Herranz, Primary Healthcare Consortium of Barcelona Esquerra (CAPSBE) – <i>Operational responses to climate breakdown – examples from the front line of health</i> ○ Fleur Braddick, FRCB/IDIBAPS, ES / PEACHD - <i>Societal shifts and growing rifts – European synergy work to tackle inequalities in prevention</i> Closing words: ○ Representative of INEBRIA - Abhijit Nadkarni, London School of Hygiene and Tropical Medicine, UK ○ Representative of the European Commission, HADEA - Laetitia Ricklin, Project Adviser HaDEA A1 – EU4Health, Cancer team ○ Close the conference - PEACHD - Silvia Matrai, FRCB/IDIBAPS, ES
13:05 - 14:00	Lunch / Closure of event

PEACHD (Piloting European Action on Cancer Health Determinants), GA No. 101129260, www.peachd4health.eu is an EU-co-funded Action Grant focused on primary prevention of cancer, which will operationalise and adapt the **WHO-EU BRIEF approach** to reduce risky lifestyle behaviours, such as alcohol use, smoking, unhealthy diet and physical activity. The project develops, tailors and pilots large-scale implementation strategies for screening and brief intervention on multiple modifiable lifestyle behaviours, with special attention to people with low socioeconomic status, migrants, and Ukrainian refugees, in three European countries: Czech Republic, Poland and Spain.

This event is (co-)funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or HaDEA. Neither the European Union nor the granting authority can be held responsible for them.



INEBRIA (International Network on Brief Interventions for Alcohol and Other Drugs) is an international network of researchers, policy makers, practitioners and other stakeholders interested in the potential of brief interventions in health and other settings to reduce the harms produced by alcohol and other drug use. It aims to provide global leadership in the development, evaluation and implementation of evidence-based practice in the area of early identification and brief intervention for hazardous and harmful substance use. <https://inebria.net/>

The conference plenary featuring the [WHO SBI Hub](#) has been developed with collaboration and support from the World Health Organization European Regional Office (WHO-EU)

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